



MON SHEONG
FOUNDATION



Cathay Ball
盞堂之夜

ILLUMINATING FUTURE

Program Book Sponsor:
Masters Insurance Limited

November 18, 2023
www.cathayball.com



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The 31st Annual CATHAY BALL
“Illuminating Future”
and Mon Sheong Foundation thanks
the Honourable Elizabeth Dowdeswell
for her honorary patronage as
the 29th Lieutenant Governor of Ontario.

We wish her well in all of her
future endeavours.

All proceeds will go towards “Because We Care” Capital Campaign for
Mon Sheong Long-Term Care Centres in Markham and Stouffville.



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Our Consultant Pharmacists and Quality Improvement Nurses, who are highly trained in senior care provide ongoing health and wellness clinics for the staff at Mon Sheong that is tailored to optimizing resident health outcomes and improving their quality of life. Through 1:1 training and hands on learning, we focus on continuous quality improvement process, disease and drug management, health and wellness as well as other health-related topics.

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Proud supporter of the 2023 annual Cathay Ball



At CIBC, we're committed to supporting causes that are important to our clients, our employees and our communities.

As a longstanding supporter of the Mon Sheong Foundation, we are proud to continue sponsoring the Cathay Ball as well as Mon Sheong's Because We Care Campaign, which supports funding for the establishment of the Long Term Care Centre.

We congratulate the Foundation and look forward to the continued execution of quality services for the community.

Cathay Ball 2023 – Chairman's Message

Dear Friends,

On behalf of Mon Sheong Foundation, I am pleased to extend my warmest greetings to all guests at Cathay Ball 2023. The theme of Cathay Ball 2023 is "Illuminating Future", representing Mon Sheong's commitment to evolve in its 60-year journey in line with the needs of the diverse community, and a bright future ahead of us.

2023 marks a new era of expansion for Mon Sheong Foundation. We started two meaningful long-term care projects this fall. Groundbreaking ceremonies were held in September and November for Markham Long-Term Care and our second Long-Term Care in Stouffville respectively. When completed in 2026, these two new Homes will provide 544 new care beds to the seniors in need. All proceeds raised from this year's Cathay Ball will go towards "Because We Care" capital campaign, for building and equipping these two new facilities. We count on the generosity from kind-hearted supporters like you to fund our projects and reach our steadfast goal of caring for the elderly.

Next year, we will be embarking our 60th anniversary. A milestone which all of us at Mon Sheong are proud of.

From a humble beginning in 1964, we have constantly introduced new initiatives to fulfill our mission close to six decades. Today, we are home to four long-term care centres, an adult day program, three Chinese school campuses, a youth group, two community and volunteer services centres, three independent living senior apartments, and private care, and charity care units. With the two new long-term care centres expected to be in operation in 2026, followed by another two new homes, in Richmond Hill and Scarborough in coming years, we will provide a total of 1,929 care beds to the community when all projects are completed.

The aging population in Ontario poses sheer demand of long-term care for seniors. Mon Sheong Foundation is committed to do our best to provide quality care to more people in need.

Once more, I wish to express my profound gratitude to the entire array of Cathay Ball attendees and benefactors for your remarkable benevolence and goodwill. Mon Sheong Foundation owes its current standing to the unwavering support the community has provided.

Last but not least, I would like to represent the Board to commend our Cathay Ball 2023 Co-Chairs Ying Duong and Joseph Tsang for their leadership and contribution. The dedication and hard work by the Organizing Committee, staff and numerous volunteers also contributed in making tonight a spectacular and memorable event for all guests.

I wish all of you a mesmerizing evening!

Sincerely,

Tim Kwan
Chairman, Mon Sheong Foundation



Broaden
horizons



when we
work together

At HSBC Bank Canada, we believe in the power of community and people dedicated to broadening horizons and making a difference that encourages change for the better.

We are inspired by **Mon Sheong Foundation** for their commitment and the positive impact they have made within the community.

[hsbc.ca/together](https://www.hsbc.ca/together)



Issued by HSBC Bank Canada

Cathay Ball 2023 – Co-Chairs' Message



Dear Friends,

Welcome to “Illuminating Future”! It is an immense pleasure and a profound honour to greet you at Cathay Ball 2023.

Tonight, we come together not only to celebrate but to make a difference. This gala is a testament to the light and warmth brought forward by collaboration and compassion from the community. As co-chairs of this remarkable event, we are humbled by the valuable support from each and every one of you.

The theme of this year’s gala, “Illuminating Future”, is visually presented by a dazzling peacock, unfurling its bright fluorescent feathers. It represents Mon Sheong’s commitment to evolve in its 60-year journey in line with the needs of the diverse community. It continuously transforms and, through various programs and services, radiates a remarkable and unique brilliance, benefiting the community. Through your generous contributions, we have the opportunity to turn dreams into reality and build a bright future with you by our side.

Proceeds raised from this year’s Cathay Ball will go towards the “Because We Care” capital campaign, supporting the building of two new Mon Sheong Long-Term Care Centres, in Markham and Stouffville – a goal very worthy of your support.

We encourage you to take this evening to embrace the spirit of giving, not only through financial contributions but by engaging with fellow guests, learning about our projects, and understanding how we can make a difference together.

We have worked tirelessly with the Organizing Committee to put together this wonderful gala dinner, filled with our signature silent auction, dazzling performances, raffle draw, and social photo engagements. We want to extend our deepest gratitude to our dedicated committee members, tireless volunteers, and the diligent staff team. Without their unwavering commitment and passion, this evening would not be possible.

To our valued sponsors, your support is the foundation upon which we build Mon Sheong programs and initiatives. Your commitment to our cause is truly commendable. Once again, we want to express our sincere appreciation to all our guests, sponsors, and supporters. Your valuable contributions and hard work help us create a significant impact on our community.

We wish you all a splendid time this evening!

Sincerely,

Ying Duong
Co-Chair, Cathay Ball 2023



Joseph Tsang
Co-Chair, Cathay Ball 2023



The best way to support a community is to be a part of it.

At the heart of every community, you'll find organizations fueled by committed people who are passionate about building a better future for us all. We are proud sponsors of the **Mon Sheong Cathay Ball 2023** in support of the future Mon Sheong Markham and Stouffville Long-Term Care Centres.

rbc.com/community



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The Right Honourable Justin Trudeau Prime Minister of Canada



PRIME MINISTER • PREMIER MINISTRE

November 18, 2023

Dear Friends:

I am pleased to extend my warmest greetings to everyone attending the 2023 Cathay Ball, in support of the Mon Sheong Foundation.

Since 1964, the Mon Sheong Foundation has been dedicated to preserving and promoting Chinese culture and heritage in Canada by providing programs and services to people of all ages. I am certain that the performances planned for this year's event will be enjoyed by everyone in attendance.

I would like to thank everyone involved with the Mon Sheong Foundation for their valuable work. This event stands as an important reminder that Canada is truly a multicultural nation, made stronger and more resilient by our diversity.

Please accept my best wishes for a memorable evening and for every success in meeting your fundraising goal.

Sincerely,

The Rt. Hon. Justin P. J. Trudeau, P.C., M.P.
Prime Minister of Canada



The Honourable Victor Oh Senator of Ontario

The Senate of Canada
Ottawa, Ontario
K1A 0A4



Le Sénat du Canada
Ottawa, Ontario
K1A 0A4

November 18th, 2023

Greetings from The Honourable Victor Oh

I am pleased to extend my warmest greetings to everyone attending the Cathay Ball 2023 – Illuminating Future, organized by the Mon Sheong Foundation.

Since its establishment almost 60 years ago, the Mon Sheong Foundation has been fundamental to the care and well-being of our community's elders and youth. Consistent with their work, this year's Cathay Ball theme – Illuminating Future – shines a light on the incredible potential and work ahead of the foundation.

I would like to commend the Mon Sheong Foundation for their continued commitment to our community. I would also like to thank all staff and volunteers who contributed to making this event possible.

Please accept my best wishes for a memorable event.

Sincerely,

The Honourable Victor Oh
Senator - Ontario





The Honourable Mary Ng
 Minister of Export Promotion, International
 Trade and Economic Development



HON. MARY NG, P.C., M.P.
 MARKHAM—THORNHILL

November 18, 2023

Cathay Ball 2023
Mon Sheong Foundation

As the Member of Parliament for Markham-Thornhill, I am pleased to extend my warmest greetings to the Mon Sheong Foundation on the occasion of your Cathay Ball 2023.

Mon Sheong has been an exceptional leader and a pillar of our community, leading by example in serving our seniors for the past decades. Your hard work supports and helps those that have taken care of us for so long. You are an inspiration and we are stronger because of all the hard work you do.

Every year, we come together for this beloved annual tradition. Today's event will be in support of the construction of two new long-term care centres, one in Markham and the other in Stouffville. Through your services and initiatives, you have helped strengthen our culture and legacy as a diverse and progressive community.

Thank you Mon Sheong Foundation for your continuous commitment and contributions to our community. To all in attendance, I wish you a memorable event!

Sincerely,

Hon. Mary Ng, P.C., M.P.
 Markham-Thornhill



The Honourable Doug Ford
 Premier of Ontario



Premier of Ontario - Premier ministre de l'Ontario

October 18, 2023

A MESSAGE FROM PREMIER DOUG FORD

Warm greetings to everyone taking part in the 2023 Cathay Ball.

Building a strong province starts with our communities. Ontario is proud to have a large and flourishing Chinese community that has contributed so much to our prosperity and cultural strength. Thank you for all you have done to build this great province.

Our seniors have raised families, passed down their rich traditions, and helped build a strong economy through their skills and years of work. We owe them our care and support as they reach their golden years. By raising funds for the construction of two long-term care facilities, tonight's event will go a long way towards helping seniors and families across the GTA.

Best wishes for a memorable evening.

Doug Ford
 Premier



The Honourable Stan Cho Minister of Long-Term Care

Ministry of
Long-Term Care

Office of the Minister
400 University Avenue, 6th Floor
Toronto ON M7A 1N3
Tel.: 416 325-6200

Ministère des
Soins de longue durée

Bureau du ministre
400, avenue University, 6^e étage
Toronto ON M7A 1N3
Tél.: 416 325-6200



November 2023



GREETINGS FROM THE HON. STAN CHO MINISTER OF LONG-TERM CARE

As Ontario's Minister of Long-Term Care, it's my sincere pleasure to welcome you all to Mon Sheong Foundation's 2023 Cathay Ball!

Your presence at tonight's event demonstrates your commitment to the people who built this province and the future of long-term care across Ontario. Without amazing partners like Mon Sheong, and the generosity of its donors, our mission to improve long-term care across Ontario would not be possible.

Thank you so much for your support.

Cheers to a wonderful evening!

Sincerely,

Stan Cho
Minister of Long-Term Care



The Honourable Raymond Cho Minister of Seniors and Accessibility



November 18, 2023



A MESSAGE FROM THE HONOURABLE RAYMOND CHO MINISTER FOR SENIORS AND ACCESSIBILITY

"Illuminating Future" *Cathay Ball 2023* *Mon Sheong Foundation*

As Minister for Seniors and Accessibility, I would like to extend my warmest greetings and welcome everyone to the Mon Sheong Foundation's Cathay Ball 2023. This evening promises to be a very special event on the journey to "Illuminating Future."

Seniors in Ontario have made enormous contributions to our province by working to build, strengthen and enrich our communities. Our government is grateful to the Foundation for playing a pivotal role in supporting modern, safe and comfortable long-term care in new centres in Markham and Stouffville and to help seniors age with respect and dignity.

We are proud to collaborate with valued partners like the Mon Sheong Foundation to build and improve programs and services for seniors across the GTA and throughout the province. Small steps can become great strides when diverse communities work together with a common purpose.

A heartfelt thank you to all those involved in organizing tonight's event and to everyone gathered in support. I know that Cathay Ball 2023 will prove to be a spectacular moment on the way to an even brighter future.

Please accept my best wishes for an extraordinary evening.

Sincerely,

Honourable Raymond Cho
Minister for Seniors and Accessibility



Frank Scarpitti Mayor of Markham



Frank Scarpitti
Mayor

November 18, 2023

MESSAGE FROM MAYOR FRANK SCARPITTI

On behalf of Members of Council and the City of Markham, I am pleased to extend a warm and sincere welcome to everyone attending *The Cathay Ball 2023 – Illuminating Future* hosted by the Mon Sheong Foundation.

I am truly honoured to once again, to have an opportunity be part of Mon Shoeng’s annual fundraising gala. From the exquisite decorations to the delectable cuisine, every detail is meticulously planned, making it a night to remember.

Moreover, I am deeply inspired by the Foundation’s unwavering commitment to making a positive impact in our community. Your tireless efforts in supporting members of our community, from healthcare to education, are truly commendable.

The funds raised during the Cathay Ball will undoubtedly make a significant difference in the lives of those in need, reflecting the Foundation’s ethos of compassion and generosity.

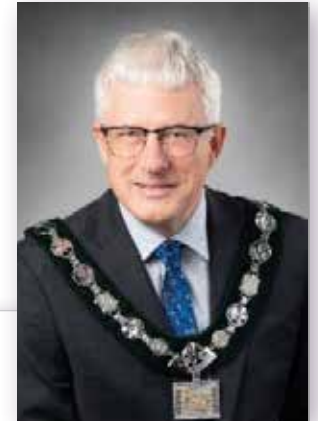
Once again, thank you for hosting this remarkable event and for the meaningful work you do. Your dedication to creating a better world is a beacon of hope, and I am proud to support such a noble cause. I eagerly anticipate future endeavors and am confident that your Foundation will continue to touch countless lives with your kindness and compassion.

Sincerely,

Frank Scarpitti
Mayor



The Corporation of the City of Markham, Anthony Roman Centre, 101 Town Centre Boulevard, Markham, Ontario L3R 9W3
Tel: 905.475.4872 Fax: 905.479.7775 MayorScarpitti@markham.ca www.markham.ca



David West Mayor of Richmond Hill



Mayor David West
T 905-771-2480
F 905-771-2500
david.west@richmondhill.ca



On behalf of the City of Richmond Hill and Members of Council, I am pleased to extend congratulations and best wishes to everyone in attendance at the

Mon Sheong Foundation Annual Fundraising Gala Cathay Ball 2023

I would like to take this opportunity to acknowledge the tremendous contributions from the Mon Sheong Foundation. It is truly an honour to send our warm greetings on this auspicious occasion as you celebrate together.

This important charitable organization is in its 59th year of promoting Chinese culture and heritage to all ages. The support and services that are offered to the elderly in our Region are essential to the multicultural and diverse communities we reside in. As well as supporting the elderly, the Mon Sheong Foundation provides opportunities to share Chinese heritage and culture with the young through Chinese school campuses, a youth group, and two community and volunteer centres.

Commitment to building community and fostering cultural heritage are admirable qualities in an organization and we are fortunate to have the Mon Sheong Foundation represented in Richmond Hill. Thank you for your work in the community to support individuals of Chinese heritage at all ages and stages of life.

To all the staff, volunteers, contributors, and donors for this event I would like to take this opportunity to acknowledge your remarkable contribution and dedication. Thank you for supporting the Mon Sheong Foundation at the 2023 Cathay Ball. I wish you an incredible evening of celebration and great success.

Sincerely,

Mayor David West
City of Richmond Hill

225 East Beaver Creek Road, Richmond Hill, ON. L4B 3P4
905.771.2480 | officemayor@richmondhill.ca | RichmondHill.ca



Iain Lovatt
Mayor of Whitchurch - Stouffville



November 18, 2023

On behalf of the Office of the Mayor, Members of Council and the Town of Whitchurch-Stouffville, it is my genuine pleasure to welcome you to the 2023 Cathay Ball – Illuminating Future!

Established in 1964, Mon Sheong Foundation is Canada's first registered charity primarily focused on the Chinese community. The commitment that Mon Sheong has made to provide a caring, safe, and secure environment for the seniors in their care is second to none and a benchmark in the industry.

Tonight's event will be one of impressive entertainment, extravagant dining, dancing and many opportunities to show your support for the Mon Sheong Foundation and all the incredible work they're doing in providing a high level of care to the elderly and nurturing programs to youth.

Congratulations to all the organizers this evening for putting together such an incredible event in support of the Mon Sheong Foundation.

Sincerely,

Iain Lovatt
Mayor



111 Sandiford Drive, Stouffville, Ontario, L4A 0Z8

T: 905-640-1900 TF: 855-642-TOWN townofws.ca



LUO Weidong
Consul General, The Consulate General of
the People's Republic of China in Toronto



中华人民共和国驻多伦多总领事馆
The Consulate General of the People's Republic of China
240 St. George Street, Toronto, Canada M5R 2N5 Tel: 416-964-7260 Fax: 416-324-6468

贺 辞

值此 2023 年“孟尝之夜”筹款晚宴举办之际，我谨代表中华人民共和国驻多伦多总领事馆致以热烈祝贺。

多年来，孟尝会赓续弘扬中华民族优良传统，为当地慈善事业和社区发展作出积极贡献。今后，希望贵会秉持创会宗旨，不断为增进各族裔民众福祉和构建多元平等包容社会而不懈努力。

祝 2023 年“孟尝之夜”筹款晚宴圆满成功！

中华人民共和国驻多伦多总领事

2023 年 11 月 18 日

The Consulate General of the People's Republic of China

English Translation by Mon Sheong Foundation

On behalf of the Consulate General of the People's Republic of China, I am pleased to extend my warmest congratulations to Cathay Ball 2023.

Mon Sheong Foundation has been promoting Chinese culture and heritage for decades. The programs and services provided are the testament of their contribution to the community. We hope that Mon Sheong stays true to their original aspirations and continues to contribute to building an inclusive and diverse community.

Wishing Cathay Ball 2023 all the best!



Emily Mo Director of Hong Kong Economic & Trade Office (Toronto)



Hong Kong Economic and Trade Office (Toronto)
The Government of the Hong Kong Special Administrative Region
香港特別行政區政府駐多倫多經濟貿易辦事處

November 18, 2023

On behalf of the Hong Kong Economic and Trade Office in Toronto (HKETO), I would like to extend my warmest greetings to everyone attending the 2023 Cathay Ball themed “Illuminating Future” hosted by the Mon Sheong Foundation.

Established in 1964, Mon Sheong Foundation is the first Chinese charitable organization serving the senior community in Ontario. With the mission of “caring for the elderly and nurturing the young”, the Foundation currently operates long-term care centres, independent living senior apartments, adult day programs, youth groups and Chinese school campuses serving different age groups in the Chinese community.

Mon Sheong Foundation has its roots closely linked to Hong Kong. This year, HKETO is proud to sponsor the Cathay Ball’s VIP Reception and highlight Hong Kong as the Asia’s Cultural Metropolis at the event. Hong Kong is a diverse city, celebrating both Eastern and Western cultures and traditions. The Hong Kong Special Administrative Region Government launched the “Night Vibes Hong Kong” Campaign with exciting events held in the evenings. Through a wealth of activities with different themes, including leisure, gourmet, music, culture and more, tourists and participants could have more choices of night-time entertainment and gatherings to enjoy, and feel the vibrancy and energy of Hong Kong’s nightlife. The Canadian communities are welcome to visit Hong Kong and discover the glamorous cultural side of this Asia’s world city.

I wish for the continuous success of Mon Sheong in all its future endeavors.

Emily Mo
Director

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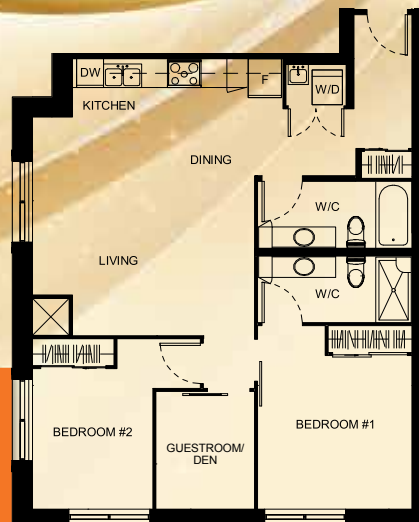




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These images are conceptual rendering and is proposed for illustrative purposes only.



Proud to support
the 2023 Cathay
Ball.

We are working together with Mon Sheong Foundation. It's just one way we are helping to open doors for a more inclusive and sustainable tomorrow.

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**TD READY
COMMITMENT**



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Cathay Ball 2022 30th Anniversary Honour Yesterday. Nurture Tomorrow. 「孟嘗之夜 2022」璀璨 30 創未來

The Cathay Ball 30th Anniversary was attended by more than 500 guests from three levels of government, corporates and the community. Visit www.cathayball.com for more memorable moments of this Pearl celebration.

「孟嘗之夜」三十週年珍珠慶典晚宴獲三級政府官員及社區商界賢達逾 500 人士出席支持。更多圖片及視頻可於活動網頁 cathayball.com 觀賞。



Mon Sheong Foundation Board members and dignitaries from three levels of government officiated the opening ceremony.

孟嘗會董事局成員及三級政府官員出席開幕式。



Tim Kwan, Chairman of Mon Sheong Foundation (first right) and Hon. Paul Calandra, then Minister of Long-Term Care present appreciation plaques to Cathay Ball Co-Chairs Doris Chan (middle), David Cheng (second right) and Joseph Tsang (first left).

孟嘗會主席關永添(右一)及長期護理廳廳長卡蘭德拉(左二)頒發感謝狀予「孟嘗之夜」籌委會共同主席陳劉燕玲(中)、鄭偉東(右二)和曾卓文(左一)。



Tim Kwan, Chairman of Mon Sheong Foundation is accompanied with Cathay Ball Co-Chairs Doris Chan, David Cheng and Joseph Tsang to hold the 30th Anniversary Cake Cutting Ceremony.

孟嘗會主席關永添、第一副主席兼「孟嘗之夜」籌委會共同主席陳劉燕玲、鄭偉東和曾卓文主持「孟嘗之夜」三十週年慶典切蛋糕儀式。



Mayor Scarpitti (third left) and the City's Regional Councillor Alan Ho (first left), Regional Councillor Joe Li (second left), Councillor Amanda Yeung Collucci (second right), Councillor Isa Lee (first right) present greetings to Tim Kwan, Chairman of Mon Sheong Foundation (third right).

萬錦市市長薛家平(左三)率領團隊區域市議員何胡景及李國賢、市議員楊綺清及李思韻致賀辭予孟嘗會主席關永添(右三)。



Left to right: Tim Kwan, Chairman of Mon Sheong Foundation receive congratulation greetings from MP Jean Yip, Hon. Ahmed Hussen, then Minister of Housing and Diversity and Inclusion, MP Paul Chiang and MP Shaun Chen.

左至右：孟嘗會主席關永添接受國會議員葉嘉麗、聯邦住房、多元及包容事務部長胡森 (Hon. Ahmed Hussen)、聯邦國會議員蔣振宇及陳聖源上台恭賀。



Precious memories captured in photos, posters and program books. A wonderful exhibition that leaves guests nostalgic.

展覽館展示了歷年晚宴的珍貴圖片、宣傳海報及場刊，讓嘉賓回味多年來難忘的時刻。



At the Cathay Ball 30th Anniversary Photo Exhibition, member of Mon Sheong Foundation Honourary Governors Mary Chu and her friend are excited to find their photo, when they participated in Cathay Ball 1994.

孟嘗會榮譽董事會成員徐余璧莉及友人興奮指著 1994 年他們參與「孟嘗之夜」的相片，這三十週年圖片展帶來許多寶貴回憶。



George Gao, Gemini-award erhu musician, plays contemporary classical pieces to great applause.

世界級二胡演奏家高韶青的演奏為晚宴帶來高潮。



Students from the Etobicoke School of the Arts perform classics to great fanfare.

怡桃碧谷藝術學校的學生演繹多首悅耳金曲。



Representatives from Scotiabank, the Gold Sponsor at the gala.

金贊助豐業銀行多位高層出席晚宴。



Mr. CHENG Hongbo (middle), Deputy Consul-General of the Consulate General of the People's Republic of China in Toronto graces the gala, photographed along with Mon Sheong representatives, Deputy Mayor Godwin Chan, City of Richmond Hill, Regional Councillor Alan Ho, as well as City Councillor Isa Lee, City of Markham.

中國駐多倫多總領館程洪波副總領事(中)到賀，與孟嘗會代表、烈文山市副市長陳志輝、萬錦市區域議員何胡景及市議員李思韻合照。



Guests write greetings on Christmas cards designed by Mon Shoeng Youth Group. Warm season's greetings were then delivered to the residents in Mon Sheong Long-Term Care Centres.

孟嘗青年團設計了多款精美的聖誕咭，讓現場賓客寫下祝福字句，留待聖誕節時送給孟嘗長期護理中心及私家護理的長者。



Helen Huh (second left), President of Medisystem Pharmacy, the Presenting Sponsor of Cathay Ball attending the gala with her spouse. Tim Kwan, Chairman of Mon Sheong Foundation and Doris Chan, Co-Chair of Cathay Ball welcome them at the red carpet area.

首席贊助 MediSystem Pharmacy 總裁 Helen Huh 伉儷盛裝出席支持，孟嘗會主席關永添及共同主席陳劉燕玲恭迎。



A Time Tunnel showcases memorable moments of the 30 years of Cathay Ball, leaving guests nostalgic and looking into a bright future.

大堂設置一個時光隧道，用光與影像，讓大家懷緬過去三十年的璀璨，展望將來的美麗。



Ms. Emily Mo (second left), Director of Hong Kong Economic and Trade Office (Toronto) takes photo together with Ivy Yue, Hilda Chow and James Lin at the ever-popular social photo booth.

香港駐多倫多經濟貿易辦事處處長巫菀菁(左二)，Ivy Yue 及 Hilda Chow 及傳媒林風雲開心合照。



The Special Draw winner is awarded two Air Canada economy round-trip tickets from Toronto to anywhere in the world.

特別大抽獎幸運兒獨得加拿大航空贊助來回多倫多及世界任何一地的經濟客位機票兩張。



This Pearl celebration was attended by over 500 guests.

五百多名嘉賓積極參與，同賀「孟嘗之夜」三十週年。

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Rendering image of the new 224-bed Long-Term Care Centre in Stouffville
孟嘗史托維爾市第二間新長期護理中心構想圖



Mon Sheong Foundation Building two new Long-Term Care Centres concurrently, in Markham and Stouffville

This fall, Mon Sheong Foundation commenced the construction of two new Long-term Care Centres, in Markham and Stouffville. These two new Homes are expected to be completed in three years. In 2026 when the construction is completed, 544 new care beds will be provided to the community, alleviating the pressure of the sheer demand for nursing care for seniors.

According to government statistics released in April 2023, there were 40,000 people in Ontario waiting for long-term care beds, with an average wait time of 123 days. Currently, there is a wait list of 8,000 people for the four long-term care centers of Mon Sheong Foundation,

with an average wait time of five to seven years. Over the past several years, Mon Sheong Foundation has been granted a total of 1,472 new bed licences by the provincial government, of which 320 are for the Stouffville Long-Term Care Center that officially began operation in October 2021. This Home has already accumulated a waiting list of over 2,000 people. In light of the continuous increase in demand for long-term care beds at Mon Sheong, we have actively pursued the construction of new long-term care facilities to meet the healthcare needs of our seniors in the community.

The 320-bed Markham Long-Term Care Centre

Long-Term Care Centre in Stouffville (168 Sandiford Drive) are expected to be completed in three years. With resident-centered care in mind, Infection Prevention and Control (IPAC) remains the utmost importance in designing Mon Sheong new long-term care centres. In addition to fundamental features like individual HVAC systems and real-time positioning systems in each resident's room, we also plan to provide a private washroom for every basic room in the new facility, same design as current private room's, but at the charge of a basic room. We are glad that this plan has been approved by the Ministry. While the construction cost per basic room is higher, and it occupies more space, it offers better IPAC and privacy for residents, which aligns with our commitment of providing resident-centered care. Within the Mon Sheong Markham Senior Care Campus, apart from the new Long-Term Care Centre and Mon Sheong Court Senior Apartments, a Personal Support Workers (PSW) training center will be set up to train PSWs to provide more quality personal support services in the community.

The aging population issue is becoming increasingly severe, and providing high-quality care services is the

Tim Kwan, Chairman; Garth Low, President; Doris Chan, First Vice Chair; Hon. Stan Cho, Minister of Long-Term Care; Hon. Paul Calandra, Minister of Municipal Affairs and Housing and MPP, Markham–Stouffville; Hon. Dr. Helena Jaczek, MP, Markham - Stouffville, and Mayor Iain Lovatt, Town of Whitchurch-Stouffville officiate the groundbreaking ceremony of Stouffville new long-term care centre.
主席關永添、會長劉兆和、第一副主席陳劉燕玲、安省長期護理廳廳長趙成勳、安省市政事務和房屋廳廳長卡蘭德拉、聯邦國會議員 Hon. Helena Jaczek 及史托維爾市市長 Iain Lovatt 主禮史托維爾新長期護理中心動土儀式



(30 Apple Creek Boulevard, formerly known as 8885 Woodbine Avenue) and the new 224-bed

best way to repay our elderly for a lifetime of hard work. These new projects entail substantial costs. Although Mon Sheong Foundation has made various arrangements and utilized reserves, it greatly relies on the continuous support and participation of the community. "Because We Care" capital campaign for the construction of new long-term care centres is now underway. The Foundation calls upon the generosity of the community at large, hoping that everyone can come together to contribute to the well-being of the elderly in the community.

For more information, please visit <http://www.monsheong.org/capital-campaign> or call toll-free at **1-866-708-0002**.



Tim Kwan, Chairman; Garth Low, President; Hon. Stan Cho, Minister of Long-Term Care; MPP Billy Pang; and Markham Mayor Frank Scarpitti officiate the groundbreaking ceremony of Markham new long-term care centre
孟嘗會主席關永添、會長劉兆和、安省長期護理廳廳長趙成勳 (Hon. Stan Cho) 偕同省議員彭錦威及萬錦市市長薛家平主禮 萬錦新長期護理中心 動土儀式

Expressing our deepest gratitude to the entire Mon Sheong Foundation for all their wonderful work.

A special thanks to the exceptional clinical and leadership team at the Stouffville LTC. May you only continue from strength to strength in your support of the community.

Your partners,
Robert & Russell Handelman



孟嘗萬錦及史托維爾 兩間新長期護理院現已動工興建

Rendering image of the new Long-Term Care Centre in Markham
孟嘗萬錦新長期護理中心構想圖



孟嘗會位於萬錦市及史托維爾市的兩間新長期護理中心於今年秋季全面施工。兩項大型興建工程正同時全速進行，預計2026年落成，屆時將為社區提供額外544張護理床位，冀能暫時紓緩社區長者對護理需求的迫切需要。

根據政府2023年4月份資料顯示，安省現時有40,000人正輪候長期護理床位，平均輪候時間為123日。而孟嘗會四間長期護理中心的現時輪候人數超過8,000人，平均輪候時間5至7年。過去數年間孟嘗會獲省府批出共1,472張新床位牌照，包括擁有320張床位於2021年10月啟用的史托維爾長期護理中心，投入服務至今剛兩年，輪候人數已逾2,000，而且人數不斷攀升。因此，孟嘗會近年積極籌建長期護理院以配合社區長者對醫療護理的需求。

擁有224張床位的史托維爾市第二間新長期護理中心(168 Sandiford Drive)及擁有320張床位的萬錦新長期護理中心(30 Apple Creek Blvd., 早前稱為8885 Woodbine Ave.)預計於三年內完成興建工程。兩間新長期護理中心的设计重點仍是配合院友的不同需要為主。孟嘗會不斷更新及改良院舍的设计，特別對防控病毒傳播的設施尤為重視。除每名院友的房間均設有獨立抽風及控制冷暖氣系統和實時定位系統等基本設計外，孟嘗會亦已計劃為新院的每個基本房配置獨立廁所，與現時私家房的套房看齊，但卻是一般基本房的收費，這個構思已獲長期護理廳批准。雖然一人一房的建築成本較高，佔用空間也較多，但是對於防疫控制及長者的私隱也相對更佳。此外，在萬錦綜合



Photo of the officiating guests
主禮嘉賓合照

護理社區內，除了有新長期護理中心及孟嘗閣長者大廈外，更將有一間個人護理員培訓中心，培育更優秀的護理員服務社區。

然而兩項興建工程龐大，孟嘗會極需社區機構鼎力支持參與，雖然孟嘗會早已多方作安排及儲備，但仍需不斷籌募資金。現時人口老化問題日趨嚴重，優質的護理服務是回饋長者一生辛勞的最佳報答。“Because We Care”新院籌募計劃正積極進行，孟嘗會希望社會各界慷慨解囊，鼎力支持本會為長者建造優質居所的使命。詳情可瀏覽網頁 <http://www.monsheong.org/capital-campaign> 或致電免費長途 1-866-708-0002。

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Etobicoke School of the Arts



Performance:

Team list and program

Creative Team: Patricia Warnock, Kerry Gage, Michael Vieira

Student Leaders: Maya Thomas, Callum Thompson

Company Managers: Sophia Wennekers, Gaia Friedman

Performers: Amelia Miville-Dechene, Ava Grovestine, Benjamin Zumbansen, Cassidy Woodward, Charlie White, Daniel Park, Elliott Teague, Eva Altenkirch, Farrah Collins, Frank Willer, Gigi Zollerano, Isabel Silva, Isidor Kennedy, Jamie Collin, Jester Henry-Foussias, Kyra Mcglaughlin, Lauren Raposo, Lily Westsmith, Lucy Crow, Maya Thomas, Mia Delasa, Nate Bernstein, Noah Gurevitz, Paige Ivan, Sebastian Gonzalez, Seyara Rambukkanage, Thomas Winiker and Valeria Franco.

Set #1 (10 minutes)

Pop Medley (Let's get it Started, Born this Way, Applause)

Fall on Me

Blow - Splash Ensemble

Set #2 (6-7 minutes)

Ain't no Mountain High Enough-Duet sung by Maya Thomas and Thomas Winiker

Like Breathing - Splash Ensemble



Callum Thompson

Callum is an 18 year old actor and dancer based in Toronto. Callum has trained in dance and the arts for over a decade and has been part of many shows onstage and on camera. Callum is a recent graduate of ESA's Music Theatre Program. Callum has always loved being a part of shows onstage and behind the scenes.



Maya Thomas

Maya Thomas is a Musical Theatre student attending Etobicoke School of the Arts. Dancing since age 3, she studied at Randolph Academy, Interplay and Dark Dance, taking Jazz, Tap, Ballet, Contemporary, Acro and Hip Hop classes. Maya was a member of pop group 'Girl Pow-R' performing in over 25 live shows across Ontario. She appeared in films such as 'Umbrella Girl', a commercial for Dairy Farmers of Ontario and Prilosec, and was recently a featured dancer in a commercial for Invisalign.

Maya is extremely honoured and excited to be involved in this event.



Little Pear Garden Dance Company

Established in 1994 as a Peking Opera collective, Little Pear Garden Dance Company evolved into a prominent Canadian dance troupe in 2007. Inspired by diverse Chinese dance styles, the company produces acclaimed classical and contemporary works, engaging audiences of all backgrounds. Actively participating in dance development and promotion, the company enjoys a steady presence in festivals and tours. The current artistic director is Ms. Emily Wing-Mei Cheung. The Dance Company acknowledges the Mississaugas of the Credit, Haudenosaunee Confederacy, and Wendat First Nation as ancestral caretakers of the land.

About the repertoire

Dancers adorn themselves in stunning azure feathered attire, resembling regal peacocks. Their performance embodies the intertwined affection of two peafowls, mirroring both mimicry and detachment from physical constraints. The ethereal birds exude innocence and pristine grace. This artistic portrayal interweaves human emotions with contemporary elements, narrating a peacock's love story. Each set of authentic feathered costumes is, worth thousands of Canadian dollars, exemplifies dedication. The dancers' intricate facial makeup demands two hours of meticulous work. Together, these elements beautifully articulate the dance's language and theme. This awe-inspiring creation was the brainchild of renowned Chinese choreographer Yang Liping.

Dai dance, cherished by the Dai people, is an ancient folk tradition prevalent across the Dai region. Notably, the peacock dance in Ruili, Mengding, and Gengma Counties features professional artists. They impeccably mimic peacocks, enacting various actions like flying, strolling, and spreading their vibrant plumage. This dance boasts precise routines, fixed

steps, and even specific drum accompaniments, displaying a kaleidoscope of colors and exquisite sculptural styles.

Chelly Li

Chelly Li is a full-time actor and emerging dancer based in Toronto, passionate about art connecting people and conveying universal

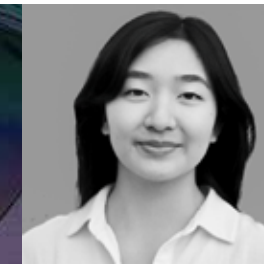


human experiences. Her dance journey began in Stuttgart, Germany, with ballet and Classical Chinese Dance training. She's also skilled in Hip Hop, Jazz Funk, and K-pop. Chelly has performed across North America, taught dance classes in Toronto, and holds a Dance Minor degree from Western University. In her free time, she enjoys cafe camping, waterfront walks, and a penchant for hot sauce.



Emilio Colalillo

Emilio Colalillo is a dancer and a choreographer. A graduate of Toronto Metropolitan University receiving his Bachelor of Fine Arts in Dance, he is the Artistic Director and choreographer of EMIMOTION. He has toured the world from the Middle East to Asia to Europe and all over North America. Colalillo performed for the Pam Am Games, Miss Universe Canada, and Canadian Opera Company. Visit www.emimotion.org.



Jennifer Choi

Jennifer Choi is a Toronto-based Chinese-Canadian dance artist with diverse training in ballet, contemporary, modern, jazz, street styles, West African, Latin, and ballroom. She holds a BFA in Performance Dance from Toronto Metropolitan University and has participated in intensives like Peggy Baker Dance Projects and Rubberband. Jennifer has performed for notable choreographers and is a member of ADDO Company, a Toronto-based



hip-hop dance team. She strives to integrate various dance styles into her work and continuously seeks to expand her artistic knowledge.

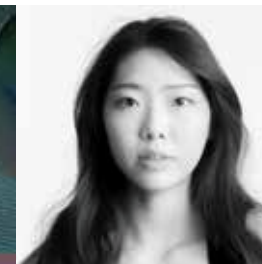
Meghan McMartin

Meghan McMartin is a dancer, performer, and educator based in Toronto, Ontario. She graduated with distinction, earning a Bachelor of Fine Arts in Performance Dance from Toronto Metropolitan University. Meghan has trained with renowned choreographers, including Robert Glumbeck, Andrea Nann, and Rock Bottom Movement. She attended intensive programs by Kenny Pearl and Rubberband, later performing in various productions, and currently teaches contemporary classes at the National Ballet of Canada. Meghan is dedicated to her growth as a young emerging artist.



Sarah Di Iorio

Sarah Di Iorio earned her Bachelor of Fine Arts Degree in 2018 from Toronto Metropolitan University. During her final year, she created two full-length works for the University's Springworks show and received the Nadia Potts Scholarship Award. She's since performed with Red Sky Performance at various prestigious events and venues. Sarah's choreography has been featured in several professional festivals and shows, and she's excited to continue her journey with Little Pear Garden for their latest work, "Spectrum of Connection".



Yi-Chen Selina Tsai

Selina, a dance artist from Taiwan, now based in Toronto, began dancing at 13. She's worked with various artists, developing her career. In 2018, Selina joined the Toronto Metropolitan University Conservatory Preparation Intensive, performing in works by Kelly Shaw and Ryan Lee. She's now a fourth-year student at TMU with expertise in Chinese dance, ballet, modern, contemporary, jazz, street styles, and Cuban modern. Selina has collaborated with renowned choreographers, taught students at Orillia Centre for Art + Culture, and performed with Jesse Obremski and Stephanie Lake Company.

Performance:

The Michael Vieira Band



The Michael Vieira Band has been providing the finest live dance bands, cocktail/dinner music, and event production services to Toronto and the GTA for over 30 years. We specialize in live music for weddings, corporate events, parties, and special occasions of any size and type.

The band combines the energy of live musicians with modern music technology to deliver “true to the original” performances of the most requested dance music from all eras. Our repertoire mixes songs from

the Big Band era of Glen Miller and Frank Sinatra, The Beatles, The Rolling Stones, Disco, R’n’B, The Tragically Hip, to the hottest top 40’s pop tunes by artists such as Bruno Mars, Rihanna, Katy Perry, Pitbull, The Weekend, Pharell Williams, Ed Sheehan and Rizzo to name a few.

We offer groups ranging from live wedding musicians, to cocktail jazz music for receptions, to our high energy dance bands. We also offer complete entertainment packages which include reception music, background dinner music, and dance bands.



Jeff Madden - Lead Vocal

Jeff Madden is an Oakville-based singer, actor, and an award-winning veteran of the

Canadian Theatre industry. Most recently, Jeff appeared in *Rock of Ages* (More Entertainment), and prior to that, he appeared as ‘Kevin T. and Others’ in the Canadian cast of the hit musical *Come From Away* (Mirvish productions) for over two years. However, Jeff is best known for starring as ‘Frankie Valli’ in *Jersey Boys* (Dancap Productions) for two years in Toronto, winning the Dora Award for Outstanding Performance, and another year and

a half touring it across Australia.

Elsewhere, Jeff has appeared at the Shaw Festival for eight seasons, playing many lead and supporting roles. Selected TV performances include ‘Murdoch Mysteries’, ‘Mayday’, ‘Accused’ and ‘The Parker-Andersons’. Jeff created his Cabaret show “My Life In Song” and has recently co-created with Adrian Marchuk a new show based on their experiences playing ‘Frankie Valli’, called *How We Got To Jersey – A Tale of Two Frankies*. He has also recorded two CDs of Musical Theatre and Pop songs. Holding a Master of Education degree from U of T, Jeff teaches acting and singing privately and has been a part-time faculty member at Sheridan and Randolph Colleges for many years when not performing onstage.



Chris Howells - Trumpet Player

Chris is one of Toronto’s most in demand trumpet players and has been a member of the Michael Vieira Band for 25 years.

Chris has recently been inducted into the Canadian Songwriters Hall Of Fame as a member of the band Lighthouse, honouring his twenty-three years of performance with the group.



Bridgette Anderson - Lead Vocal

Her voice has the classic seductiveness of a Las Vegas lounge singer, raw emotion you’d expect from Etta or Amy, tone

described as a hybrid of Leona and Amel, and vocabulary heavily influenced by Beyonce and Christina. With such powerful vocals and intense, dynamic stage presence, her passion is palpably infectious and makes you feel as good listening as she does performing. Laying R&B grooves under Jazz chords to support Pop sensibilities, she isn’t merely a vocalist; she is a fierce performer with a purpose. Conscious of the seemingly default predominance of men in music, when it comes to her original project B.A.B.E, Bridgette Anderson strives to work with Canada’s most sought after multi-instrumentalists and engineers to establish a new standard - inherent diversity and instinctive inclusion of women and 2SLGBT+ representation.

B.A.B.E has performed at various festivals and venues in the GTA and Southern Ontario. Some of their favourite performances have been at: Steam Whistle Brewery for the 104th Grey Cup, Toronto City Hall for #LiveFromCityHall & Music 311, Yonge & Dundas Square for Youth Day, Union Station for TD Union Summer, The Rivoli for Indie Week, Revival for Sessions X One Shot, Alleycatz for Uptown Soul, Mod Club, Bier Markt, Toronto Pride, Peel Pride, TD Downtown Oakville Jazz Festival, Canada’s Largest Ribfest, Toronto Sessions, Sessions On The River, and the Special Olympics.

A daughter of immigrants of South African and Scottish descent, Bridgette sings in: English, French, Spanish, Portuguese, Italian, Latin, and Polish. She has performed in the United States, Central and South America, and Morocco; as well as all over Southern Ontario and the GTA. Bridgette is currently working as a freelance vocalist leading bands and toplining for various artists and producers, and is endorsed by FSP Custom Cables and Poppy Apparel.



Pol Cousee - saxophone/flute

Pol Coussée, born and raised in Belgium, became a staff musician at the Casino de Monte-Carlo in Monaco backing up artists such as Sammy Davis Jr., Shirley MacLaine.

He moved to London, UK and toured and recorded with many artists including Dexy’s Midnight Runners, Barry White, and Three Degrees. He also played with the BBC Jazz Orchestra and worked in the West End theatre district playing in such shows as *Cats*, *Blood Brothers*, *Fame*, *Chicago*, *Jesus Christ Superstar*. As a studio musician, he played on live TV/Radio broadcasts, commercial jingles, and records covering almost all styles of music! Coussée moved to Toronto and played for *Guys & Dolls* (Stratford), *Dirty Dancing*, *Singin’ in the Rain* (Mirvish Productions) *Come Fly with Me*, *9 to 5: The Musical*, *West Side Story*, *Jersey Boys*, (DanCap) *Mary Poppins*, *Swing!* (Drayton Productions) (StageWest) *Grease!* (Wintergarden) and 9 of Ross Petty’s Christmas Family musicals including *A Christmas Carol* and *Wizard of OZ*. He plays regularly with Hilario Duran Latin Jazz Orchestra.



John Loree - Guitar/Vocals

John is an accomplished singer, songwriter, music instructor and audio engineer based in the GTA.

In addition to his role of Music Instructor at Seneca College Of Applied Arts and Technology, John

performs at weddings, festivals and corporate events as the creative force behind his band “Pulse In Tempo” and is a show director for the Marham School Of Rock. He is also noted for his work with the Markham Arts Council as a concert organizer.

Anthony DeDonato - Keyboards

Anthony DeDonato has been performing as a professional pianist and keyboardist for over 35 years, entertaining at clubs, concerts, restaurants, festivals, bars, weddings, anniversaries, bar-mitzvahs and corporate events, as a soloist and also as part of larger bands. He has performed on stage and television with various recording acts over the years. Tony has performed with Nelly Furtado (Dreamworks), Edwin (Sony) and Jay Englishman (Warner) among other artists. For the last 20 years he has also been a musical director for several entertainment and event planning organizations.

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Our sincere gratitude to those whose names have not been included due to printing deadlines.

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Caring for the Elderly and Nurturing the Young for 60 years

扶老慈幼60載



About Mon Sheong Foundation 簡介

Mission 宗旨

Founded in Toronto in 1964 as a charitable organization to promote Chinese culture and heritage through caring for the elderly and nurturing the young, Mon Sheong Foundation provides programs and services to the elderly and to the young in response to the needs of Canada's culturally diverse communities.

孟嘗會是於1964年在多倫多創辦之慈善團體，旨在透過護老及青少年培育，推廣中華文化之優良傳統，並配合加拿大多元文化社區的需要，為長者及年青一代提供不同的服務及活動。



Mon Sheong Foundation is Canada's first registered charity specializing in the Chinese community. We have been serving the Greater Toronto Area since 1964. As a pioneer in many youth and senior services, we have worked diligently to expand the scope of our efforts towards six decades. We are proud to be making a difference in the community.

孟嘗會是在1964年由一群熱心的華裔所創辦的慈善機構。秉承孟嘗君樂善好施的精神，尊敬照顧長者，積極協助年青一代健康成長，在社區肩負重任將踏入60年，開創全面服務社區的先河，是加拿大首間註冊的華人慈善服務機構。

Long-Term Care Centres

長期護理中心

Opened in 1975, the longstanding Mon Sheong Home for the Aged on D'Arcy Street in downtown Toronto is the first Home for the Chinese community in Ontario. The completed expansion in 1999 increased the home's capacity from 65 to 105 care beds.

As the demand for senior services continues to rise drastically, we built the Richmond Hill location in 2003, offering 192 care beds and the Scarborough location in 2004, offering 160 care beds. The Stouffville location, opened in 2021, offers 320 beds.

The facilities provide quality care services for seniors, physically or mentally disabled individuals, and those with dementia. Our Homes meet regularly with our residents' families to communicate and discuss the needs of the residents.

Today, the demand for elderly services is rising. More than any other time in the history of Canadian healthcare, there is an urgent need today to provide for the elderly. There are currently close to 8,000 Canadians on our waiting lists for care. On average, people who urgently require our services need to wait for five to seven years to be admitted.

With the announcement of our "10-Year Development Plan" in 2018, the provincial government



granted Mon Sheong with 320 care beds for the Stouffville Long-Term Care Centre. In 2021, we were granted another 800 care bed licences for developments in three major metropolitan cities: Markham, Richmond Hill and Scarborough. In March 2022, the provincial government saw fit to allocate another 352 care bed licences to Mon Sheong to facilitate the second Long-Term Care Centre in Stouffville and to increase the bed count at the upcoming Markham Long-Term Care Centre to 320. Altogether, Mon Sheong Foundation received 1,472 new care bed licences in the last five years. Once all our planned

developments are in service, Mon Sheong Foundation will be the proud operator of eight long-term care centres with a combined 1,929 care beds, becoming the Ontario's largest non-profit organization for long-term care centres.

Mon Sheong Home for the Aged, Richmond Hill and Scarborough Long-Term Care Centres have received the three-year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) since 2014, its highest level of quality care excellence, signifying our commitment and determination in providing excellent care service to both residents and their families.

孟嘗安老院於1975年在多市華埠達士街成立，致力為華裔長者提供適切的護老服務。建院初期只有65張床位，及後於1999年擴展至105張護理床位。

為了實現護理服務的理想，烈治文山長期護理中心在2003年落成，為該社區提供192張護理床位。其後，士嘉堡長期護理中心亦於2004年投入服務，為耆老及有長期病患的人士，提供160張護理床位。史托維爾長期護理中心則於2021年啓用，提供320張護理床位。

孟嘗長期護理中心以先進設備為耆老、身體或智力有障礙的人士，以及患有失智症及癡呆症的人士，提供優質護理服務。全院設有24小時護理服務，將耆老因延緩救治所引致的危險減至最低。院方並定期與院友及其家人會面，讓彼此了解院友的情況及需要。

環顧世界，人口老化已是不爭的事實，長期護理服務的需求正不斷上升。現時，已有接近8,000名長者正在輪候本院的護理服務，平均輪候期長達五至七年，對長者來說，實在是漫長的等待。

自2018年初孟嘗會啟動「長者服務10年計劃」以來，獲省府於同年批出320張長期護理床牌照興建史托維爾新長期護理中心，並於2021年增



撥800張新長期護理床牌照予孟嘗會於大多市三個地點興建綜合護理社區，包括萬錦市、烈治文山市及士嘉堡市。其後於2022年3月省府再度增撥352張新牌照予孟嘗，興建史托維爾新院二期，以及使萬錦新院床位增至總數320張。孟嘗會於5年間共獲撥1,472張新床位牌照。當所有新長期護理中心投入服務，孟嘗會將營運8間長期護理中心，總計有1,929張長

期護理床位，成為安省內營運最多長期護理床位的非牟利機構。

孟嘗安老院、烈治文山及士嘉堡長期護理中心由2014年開始獲康復設施認可委員會(Commission on Accreditation of Rehabilitation Facilities 簡稱CARF)頒發最高等級的三年期認證，顯示孟嘗會為院友及社區提供達國際認可優質服務的決心。

Adult Day Program (Online) 成人日託服務(網上)

Established at the Richmond Hill Long-Term Care Centre in 2008, the Adult Day Program offers weekday care to promote self-determination, wellness, and independence among seniors around the community. The program looks to help seniors maintain and improve their functioning ability, reducing or delaying the need for around-the-clock care. It also supports



their caregivers by providing relief, counselling, and education.

為配合約克區年老體弱人士的護理需求，以及紓緩護老者的壓力，孟嘗會成人日託中心於2008年在烈治文山長期護理中心投入服務。目的是希望透過各種活動，以提升或維持參加者的活動能力，增強健康意識，以推遲過住護理院的需求。

Chinese School 中文學校

Founded in 1968, Mon Sheong Foundation Chinese School is one of the largest private Chinese schools in Canada. With three convenient campuses and online courses, we provide Cantonese and Putonghua classes, mathematics instruction and Chinese Immersion Summer Camp.

There are thirteen levels of instruction in the Chinese program for children aged 3 and above. Our curriculum aims to not only educate students to read, write, and



speak the language, but we also seek to immerse them in the Chinese culture, helping them understand the value of Chinese heritage within Canada's multicultural society.

孟嘗會中文學校是加國最大的私立中文學校之一，於1968年創立，中文班以廣東話、普通話授課，更設有廣東話會話班、普通話會話班及數學班。中文班共分成13級，學生年齡由三歲起。宗旨是教導學生中國語文，從閱、寫、聽、說多方學習，使學生在加國多元文化的社會裏，能夠認識和欣賞中華文化。除傳統課堂教學外，同時提供網上課程予不同需要的學生。每年也舉辦浸入式中文夏令營。

現時，中文學校的三間分校位於北約克、萬錦及烈治文山。教師均畢業於中國、香港或加拿大的大學或教育學院。



Volunteer Services and Youth Group 義工服務及青年團

Mon Sheong Youth Group has provided teenagers and young adults with many opportunities to develop leadership and cooperative skills since 1969. In 2002, the Youth Chapter (ages 14-17) and Young Leaders' Chapter (ages 18-30) were introduced, allowing us to create dedicated programs and activities for high school students, postsecondary students, and young professionals. The two chapters meet regularly to contribute to Mon Sheong's charitable projects in a spirit of fun, goodwill, and community.

Volunteers are important pillars of Mon Sheong

Foundation and we need your support every step of the way. From serving on the Board of Directors to helping out at our senior facilities, Chinese school, and various fundraising activities, our volunteers are essential in all areas of our work. New volunteers are always welcome and we would love to have you join us as part of the Mon Sheong family. Please contact us to find out more on how you can volunteer.

孟嘗會青年團於1969年成立，目的是培養青少年的領導才能及羣體精神。至2002年，青年團更發展為「少年組」（14至17歲）及「青年領袖組」（18至30歲），這擴展為高校生、大學生及年輕專業人士提供不同的活動及交流計劃。在小組委員會的領導下定期聚會，並協助籌辦各種籌款活動，培養樂觀進取的精神。

義工在孟嘗會不同層面上擔當着舉足輕重的角色；由董事局的領導角色以至其他各個重要的範疇服務，包括：長期護理中心、成人日託服務、中文學校、私家護理及孟嘗會大型活動等。歡迎有志加入義工服務行列的人士聯絡我們，義工服務部將為新加入的義工提供訓練。



Community & Volunteer Services Centres 社區及義工服務中心

Our two Community & Volunteer Services (CVS) Centres, provide a welcoming place for our volunteers, Youth Group members, and seniors around the community to gather, socialize, and build meaningful friendships. They also offer an extensive list of programs, seminars, and recreational courses. Participants are invited to join the Senior Circle, our dedicated club for everyone aged 50 or older. Friends of the Senior Circle are not only able



to enjoy the CVS Centres' facilities and activities, but are also eligible to receive discounts on any recreational course fees.

為照顧社區不同人士的需要，孟嘗會分別於士嘉堡及中區華埠設立社區及義工服務中心。中心除開放給長者使用外，亦供義工及青年團籌備活動，並會舉辦各類活動及興趣班。同時，設有「長者會所」，歡迎年滿50歲的人士加入成為會友，享用中心內所有設施，報讀興趣課程更可獲折扣優惠。

Mon Sheong Care Complex

孟嘗護理大樓

The innovative Mon Sheong Care Complex, the first of its kind for the Chinese community, is located in both Richmond Hill and Markham. The facilities house our Private Care, and Charity Care services, helping to address the significant demand for long-term care beds.

Our Richmond Hill and Markham **Private Care** centres provide 92 and 50 care units respectively in state-of-the-art facilities, available for either a short-term stay or longer-term accommodation. As Private Care is not funded by the government, there is no need for applicants to go through the usual waiting lists. Regular amenities include 90 minutes of individually-tailored professional care services daily, nutritious meals and snacks, and 24-hour security and nursing personnel on duty.

Our **Charity Care** service also receives no government funding. It is designed to enable seniors

waiting for a long-term care bed, and who demonstrate financial need, to receive medical and support services similar to those offered by Private Care. In a time of increasing stress and worry, we hope to provide another alternative for seniors and their families. Please support us to ensure that these services can help those who need it most.

為紓緩長期護理床位不足的問題，孟嘗會於烈治文山及萬錦開辦孟嘗護理大樓，提供私家護理及慈善護理服務。

私家護理是社區項目，並無政府資助，亦不受政府長期護理床位輪候冊的規限。烈治文山提供92個單位，而萬錦則提供50個單位，可選擇長居或短宿，日常提供90分鐘恆常護理服務及營養膳食，24小時保安及護理人員當值。

由孟嘗會自資首創之**慈善護理**，並無政府資助，提供醫療支援服務予合資格正輪候長期護理中心之長者，並經

濟有困難的家庭。其服務包括優質個人護理服務，從而紓緩長者家人的壓力，為有迫切需要的長者及家庭提供暫時選擇。兩項服務均需要社區大眾鼎力支持。



Mon Sheong Court

孟嘗閣

The buildings also contain a well-equipped recreation centre, an elegantly furnished dining room, a library, and an on-site clinic and pharmacy, allowing our residents to do what they want without even having to step outside.

Following the success of Scarborough Mon Sheong Court, Richmond Hill Mon Sheong Court was completed in 2014 with 353 senior apartments. The first phase of Markham Mon Sheong Court, located on Sun Yat-Sen Avenue, welcomed its first residents in 2016 and the second phase was completed in 2018 with 668 units provided. Markham Buttonville Mon Sheong Court is under construction and expected to be completed in 2025.

As our society continues to evolve, Mon Sheong Foundation will strive to address the crucial needs of our communities. Throughout our history, we have constantly been a catalyst for change, continually developing new ideas to fulfill our mission. Our wide range of initiatives demonstrates our commitment to excellence and we will stop at nothing to maintain and expand the reach and impact of our quality services.

True to our motto, we cannot accomplish our work without your



support, so please partner with us as we continue “Sharing and Caring with You by Our Side”.

To learn more about our efforts, please visit www.monsheong.org.

為使更多55歲或以上、獨立及行動自如的長者獲得優質服務和居住環境，孟嘗會因此籌辦及管理優質長者大廈孟嘗閣，以終生租住權形式提供住房服務。除房間及走廊設有平安鐘外，亦有特別為長者而設之各項設施，同時有康樂室、閱讀室、診所及藥房，也有餐廳提供不同食品及為住客安排送餐服務，方便住客足不出戶，也獲得適當照顧。

士嘉堡孟嘗閣於2008年落成，提供242個單位。烈治文山孟嘗閣於2014年落成，提供353個單位；萬錦孟嘗閣第一期及二期分別於2016及2018年落成，共提供668個單位。萬錦百頓孟嘗閣已動工興建，預計2025年落成。

孟嘗會的發展配合社會需求，與時並進，正如我們的口號「分享溫情，有您和應」一樣。孟嘗會衷心希望您成為我們的一份子，攜手同心為社區服務。

如欲瞭解更多詳情，請瀏覽孟嘗會網頁 www.monsheong.org。



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We are looking for Volunteers!

Volunteers are important pillars of the Mon Sheong Foundation and we need your support every step of the way. Please volunteer with us to help serve those in need.

- Senior Care
- Activation Programs and Events
- Administrative Support
- Fundraising Events
- Chinese School Assistants

For more information, please contact Volunteer Services at **416-291-3898** ext. 3119 or visit our website, www.monsheong.org.

孟嘗會招募義工

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- 辦公室行政
- 籌款活動
- 中文學校課室助理

歡迎有意服務社群的人士參加，孟嘗會將提供有關訓練課程，查詢請致電孟嘗會義工服務部 **416-291-3898** 內線3119，或瀏覽孟嘗會網址 www.monsheong.org 下載表格。



Mon Sheong Foundation Youth Group

Mon Sheong Foundation Youth Group was founded in 1969 and provides youth with opportunities to serve, and develop leadership and promote Chinese Culture in the community.

In 2002, the Youth Group developed into two chapters: the Young Leaders' Chapter (for ages 18-30) and the Youth Chapter (for ages 14-17). This extension in age group allows the Foundation to create different programs and activities catering to the different needs of high school students, university students, and young professionals.

Working under the guidance of a sub-committee, these two Chapters meet regularly and work on charitable projects in the spirit of fun, goodwill, and community.

If you are interested in joining us and would like to participate in future events, please download an application form from our website at www.monsheong.org or call **416-291-3989** ext. 3022 for more details.

孟嘗會青年團

孟嘗會青年團於一九六九年成立，目的是提供華裔青少年服務社群的機會，培養他們的領導才能及弘揚華文化。

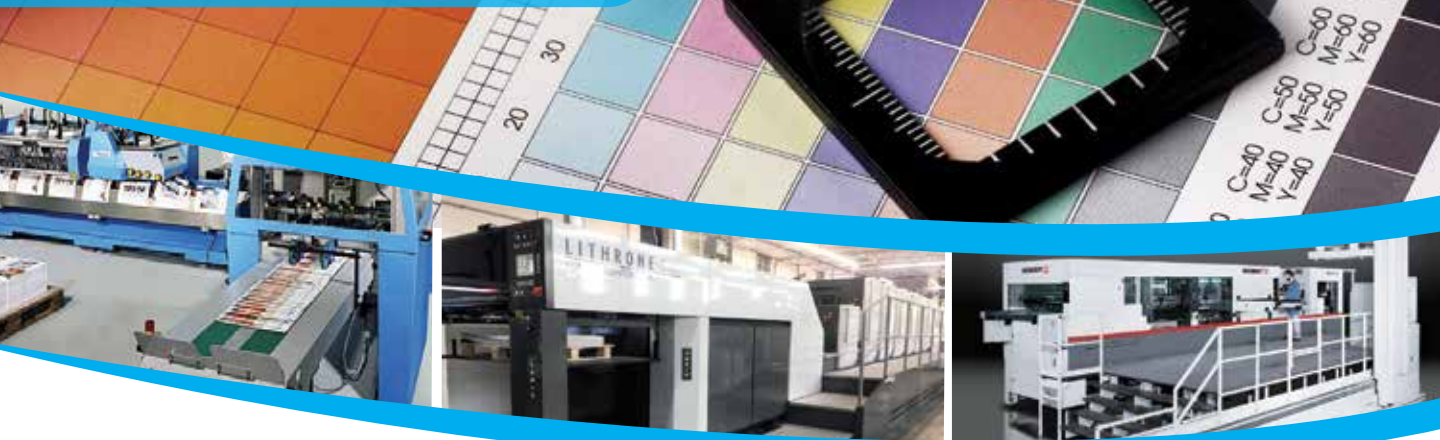
自二零零二年，青年團更發展為少年組（十四至十七歲）及青年組（十八至三十歲），這擴展為高校生、大學生及年輕專業人士提供不同活動及交流計劃。

在小組委員會的領導下，青年團定期聚會，並合力籌辦各種籌款活動，培養樂觀進取的精神。

如欲加入孟嘗會青年團，請於本會網站 www.monsheong.org 下載報名表格或致電 **416-291-3898** 內線3022查詢詳情。



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Mon Sheong Private Care is operated by the Mon Sheong Foundation with a commitment to provide seniors with premium care, while allowing them to enjoy a gracious lifestyle. It is a solution for families and seniors who require immediate professional care, available for both short-term stays and long-term accommodation. Since this service is not subsidized by the government, applicants do not have to go through different government-mandated processes when applying.

Services and amenities include:

- A private bedroom and washroom
- 90 minutes of professional care services each day (tailored to individual needs)
- 24-hour registered nursing personnel on duty
- 3 nutritious meals and 2 snacks daily
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- Nursing call response system in every suite
- 24-hour security on duty

Hours: 9:00 a.m. to 5:00 p.m.
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